

# October

2017

## NEWB INDY Random Acts of Kindness Calendar

#NewBKind

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Gather recipes from family & friends and create a recipe book to share with them	3 Become an organ donor	4 Share your favorite story with someone	5 Smile at everyone. It's contagious!	6 Help someone who has dropped something	7 Clean up after yourself
8 Tell Pastor Jackson how much you appreciate him	9 Write a positive note to a classmate or co-worker	10 Volunteer for a local community organization	11 Share a positive social media post	12 Write a letter to yourself to send sometime in the future @ futureme.org	13 Pay for the person's meal behind you at a drive thru restaurant	14 Offer to help a neighbor with something
15 Be polite on the road	16 Get together with your team and do something nice for your boss	17 Offer to help a co-worker with something	18 Pay attention in class or a meeting	19 Offer to help a friend with a home project	20 Relax! Do something you enjoy	21 Forgive someone you have been holding a grudge against
22 Treat yourself and someone else to a chocolate treat	23 Tell your child's teacher he/she is doing a great job	24 Buy a new book!	25 Clean up after someone else	26 Cheer on a friend or co-worker. Tell them they're doing a great job!	27 Write a list of 10 things you are grateful for. Share on social media.	28 Offer to help a family member with something
29 Buy coffee for the person behind you	30 Gather friends and make cards & treat bags to take to a local nursing home on Halloween	31 Take cards and treat bags to a local nursing home				